

Planning for Performance Assessment in the Classroom

Performance tasks (also called prompts) are assignments or directions that ask students to undertake a task or series of tasks to demonstrate proficiency with health-related concepts and skills. A task, or prompt, might be a question on a test, an assignment, or a classroom project. The prompt presents the context of the situation, the problem or problems to be solved, and criteria by which student work will be evaluated. Student work is scored using the specified scoring criteria.

The Performance Assessment Template can help you design performance tasks. A variety of project options allows your students to choose a variety of formats to complete the tasks. (See the list of “Project Options by Skill Area.”)

Plan and organize your performance tasks to be part of your regular class work and assessment procedures. They should not be extra or isolated tasks for you or your students. Using a variety of tasks and focusing on different skills, you will be able to provide students with several opportunities to meet the Vermont standards.

VERMONT DEPARTMENT OF EDUCATION
PERFORMANCE ASSESSMENT *TEMPLATE*

STEP 1: GETTING STARTED—WHAT AREA OF HEALTH DOES THIS PROJECT ASSESS? WHAT STANDARDS AND OUTCOMES DOES IT RELATE TO? WHY IS IT IMPORTANT? WHAT IS THE FOCUS OF THE PROJECT?

TITLE OF ASSESSMENT: _____

RECOMMENDED GRADE LEVEL: _____ **CONTENT AREA:** _____

EMPHASIS: _____

| VERMONT STANDARDS/EVIDENCE | HEALTH OUTCOMES |
|----------------------------|-----------------|
| | |
| | |

WHY IMPORTANT? _____

FOCUS OF PROJECT: _____

STEP 2: CONSTRUCT THE PROMPT OR ITEM

PROJECT DESCRIPTION: _____

YOUR CHALLENGE/REQUIREMENTS: _____

TIME: _____

MATERIALS: _____

PROJECT OPTIONS: _____

STEP 3: DETERMINE CRITERIA FOR SUCCESS

ASSESSMENT CRITERIA

| THE PROJECT MUST INCLUDE THE FOLLOWING: | RELATES TO KEY CRITERIA FROM RUBRIC: |
|---|--------------------------------------|
| | |

PERFORMANCE ASSESSMENT EXAMPLE

STEP 1: GETTING STARTED—WHAT AREA OF HEALTH DOES THIS PROJECT ASSESS? WHAT STANDARDS AND OUTCOMES DOES IT RELATE TO? WHY IS IT IMPORTANT? WHAT IS THE FOCUS OF THE PROJECT?

TITLE OF ASSESSMENT: Injury Prevention: Sports Safety

RECOMMENDED GRADE LEVEL: Elementary **CONTENT AREA:** Injury Prevention

EMPHASIS: Core Concepts, Advocacy, Self Management

| VERMONT STANDARDS/EVIDENCE | HEALTH OUTCOMES |
|--|--|
| 1.15 Students use verbal and nonverbal skills to express themselves effectively. | Demonstrate support for others to make positive choices to reduce the risk of injury. Advocate for the use of appropriate protective equipment. |
| 3.5 Students make informed healthy choices that positively affect the health, safety, and well-being of themselves and others. | Explain how childhood injuries can be prevented. Identify ways a person can stay healthy and prevent injury. |

WHY IMPORTANT? Unintentional injuries are common among young children, especially those who do not make regular use of safety equipment.

FOCUS OF PROJECT: In this task, students will advocate for the use of safety equipment that can reduce unintentional injury.

STEP 2: CONSTRUCT THE PROMPT OR ITEM

PROJECT DESCRIPTION: Have you ever seen someone do something that you know is unsafe? Have you ever wondered why so many people are injured while doing everyday sports activities? If so, then you are ready to do this task.

YOUR CHALLENGE/REQUIREMENTS: Use what you know about basic safety rules and safety equipment to design a poster or other presentation that will teach other students your age how to be safe during an outdoor activity or sport. Be sure that your project includes both pictures and information that will help persuade students to act safely.

TIME: *This performance task is to be completed over multiple class periods. In addition, students will spend time outside class working on the task.*

MATERIALS: *Students will need paper, markers, colored pencils or crayons, magazines for pictures, previous materials that identify rules and safety equipment.*

PROJECT OPTIONS: *poster* *video presentation* *billboard*
TV ad *picture book*
radio ad *bulletin board*

STEP 3: DETERMINE CRITERIA FOR SUCCESS—YOU WILL BE ASSESSED ON YOUR ABILITY TO SHOW CONCEPTS AND SKILLS FOR STAYING SAFE DURING ACTIVITIES.

CORE CONCEPTS

| PROJECT MUST INCLUDE THE FOLLOWING: | KEY CRITERIA FROM CC RUBRIC: |
|---|--|
| <ul style="list-style-type: none">• why basic safety rules are important• how safety equipment prevents injury | <ul style="list-style-type: none">• Provide accurate and comprehensive information.• Show relationships between concepts. |

ADVOCACY

| PROJECT MUST INCLUDE THE FOLLOWING: | KEY CRITERIA FROM AV RUBRIC: |
|--|---|
| <ul style="list-style-type: none">• pictures that appeal to the target audience• clearly expressed, health-enhancing stand about safety | <ul style="list-style-type: none">• Show awareness of audience.• Take a clear, health-enhancing stand. |

SELF MANAGEMENT

| PROJECT MUST INCLUDE THE FOLLOWING: | KEY CRITERIA FROM SM RUBRIC: |
|--|--|
| <ul style="list-style-type: none">• basic safety rules• the right way to use safety equipment | <ul style="list-style-type: none">• Identify healthy behaviors.• Identify protective behaviors. |

Student Response

Injury Prevention—Sports Safety

| SCALE | SCORE | COMMENTS |
|--|-------|--|
|  Concepts | 4 | Accurate; complete; several relationships between health concepts and conclusions drawn. |

Roller

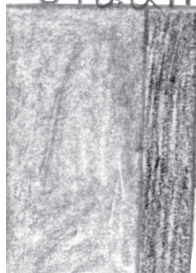
Blading!



Be careful when

you go roller

blading always.



NO!

Student Response, continued

Injury Prevention—Sports Safety

- Wear a helmet.



- Wear knee pads and elbow pads.

- Watch out for cars.

- Do not roller blade in the middle of the road.

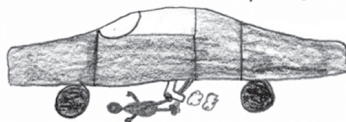
- Do not get that close to another roller blader you might fall.

When you are roller blading think about safety.

It is better to be safe. Unless you follow safety rules you might get hurt when you are roller blading.

You never want to roller blade in the middle of the road.

Remember to wear Safety gear.



No!!!

Always have your helmet buckled.

If you don't buckle it you might fall and your helmet will fall off and hurt your head.

Also tie your roller blades so you will not get the shoe laces get caught in the wheels.



Remember Safety --- first!!